

COMMUNICATION

“Communication happens when, besides the message, a soul supplement passes”.

Henri Bergson



BREAKING SILOS

EFFECTIVE COMMUNICATION

THE ART OF ASSERTIVENESS

COMMUNICATION

BREAKING SILOS

1. UNDERSTANDING SILOS MINDSET
2. INVOLVEMENT AND COLLABORATION
3. PSYCHOLOGICAL SAFETY
4. CONFLICT AS A RESOURCE
5. TRANSVERSAL INCLUSION
6. EFFECTIVE COMMUNICATION TOOLBOX



COMMUNICATION

EFFECTIVE COMMUNICATION

1. THE VALUE OF COMMUNICATION
2. THE STRUCTURES OF COMMUNICATION
3. THE INTERNAL DIALOGUE
4. EXPRESSION AND TRANSMISSION
5. VIRTUAL COMMUNICATION
6. EFFECTIVE COMMUNICATION TOOLBOX



COMMUNICATION

THE ART OF ASSERTIVENESS

1. THE PILLARS OF ASSERTIVENESS
2. BEHAVIOURAL SCHEMES
3. SELF AWARENESS
4. CHARISMA
5. SELF ESTEEM
6. ASSERTIVENESS

