

CATALOGUE 2022

LEADERSHIP
COMMUNICATION
CHANGE



LEADERSHIP

Discover our courses



COMMUNICATION

Discover our courses



CHANGE

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Images: [Julia Bancilhon](#)

LEADERSHIP

“To be

interesting

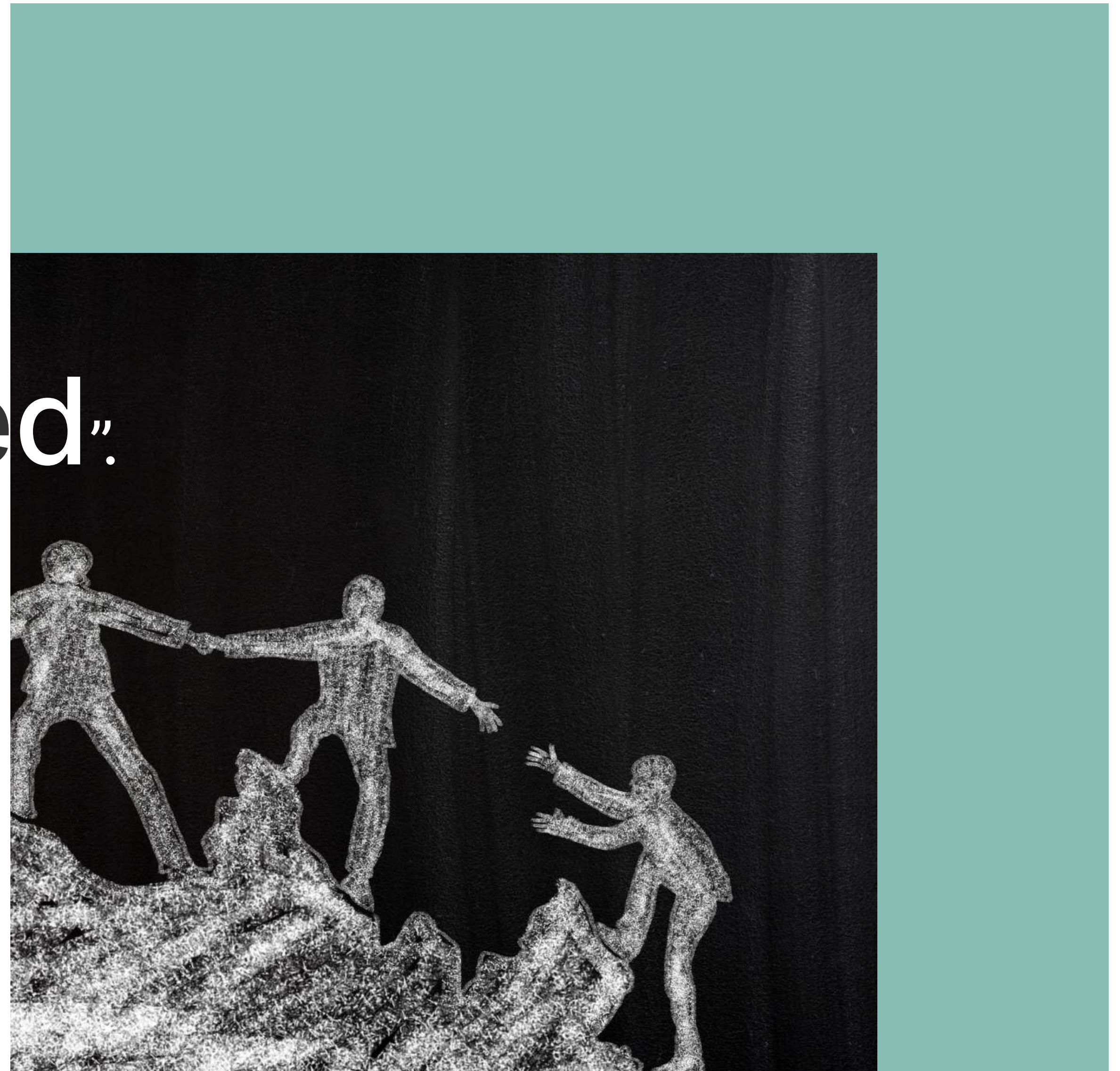
you need to be **interested”.**

Dale Carnegie

FROM MANAGER TO LEADER

THE LEADER AS COACH

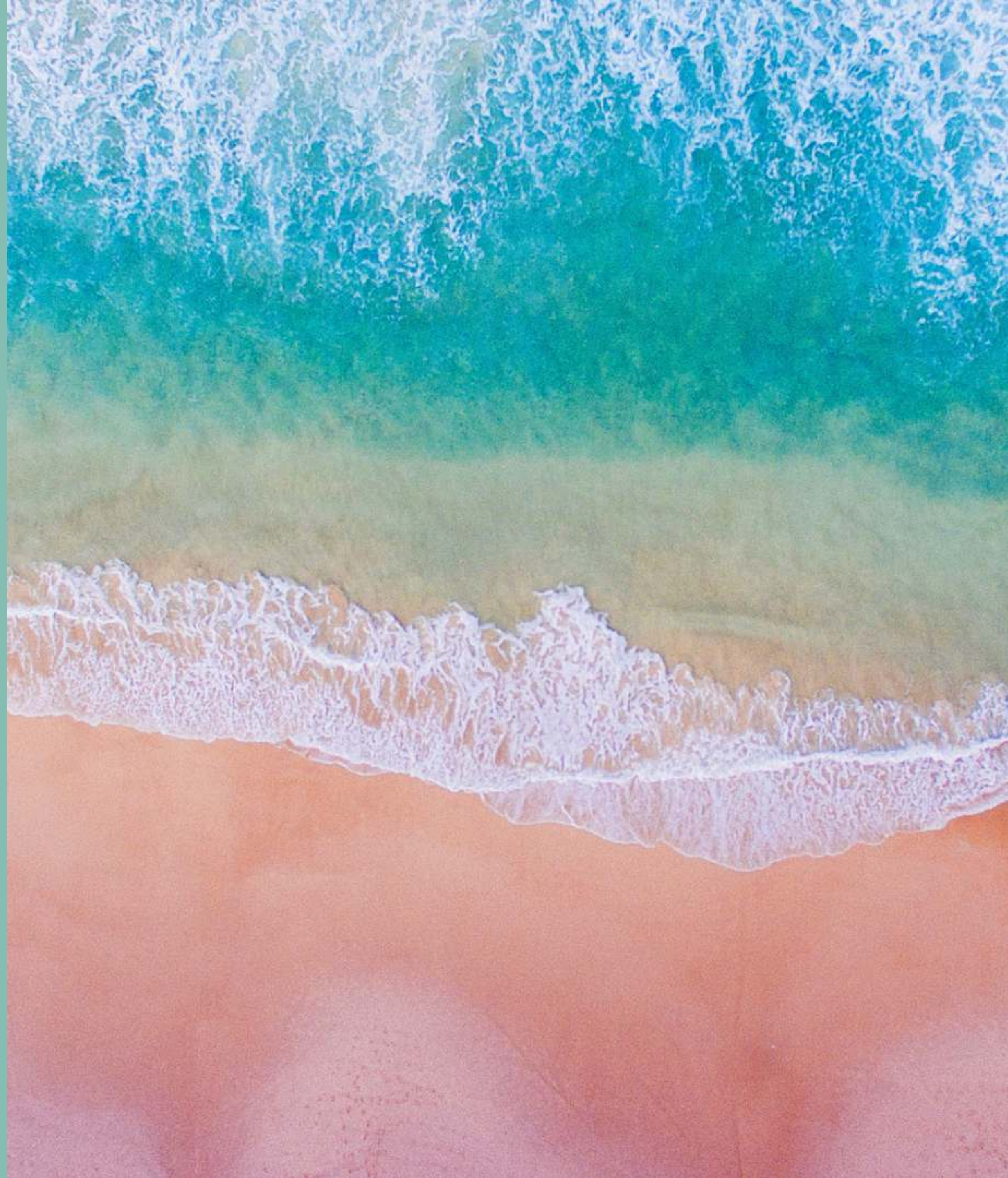
INCLUSIVE LEADERSHIP



LEADERSHIP

FROM MANAGER TO LEADER

1. FROM MANAGING TO GUIDING
2. FROM CONSCIOUSNESS TO ACTION
3. LEADERSHIP STYLES
4. STRATEGIES OF COMMUNICATION AND ASSERTIVENESS
5. INDIVIDUAL AND GROUP MEETINGS
6. INSPIRE, MOTIVATE, DELEGATE



LEADERSHIP

THE LEADER AS COACH

1. FROM THE GROUP TO THE TEAM
2. NOURISH THE TEAM
3. EMOTIONAL INTELLIGENCE
4. SOCIAL INTERACTION
5. VIRTUAL LEADERSHIP
6. EFFECTIVE COMMUNICATION TOOLBOX



LEADERSHIP

INCLUSIVE LEADERSHIP

1. FOCUS ON THE WHY
2. PSYCHOLOGICAL SAFETY
3. FEMININE INCLUSION
4. MULTICULTURAL INCLUSION
5. MULTIGENERATIONAL LEADERSHIP
6. EFFECTIVE COMMUNICATION TOOLBOX



COMMUNICATION

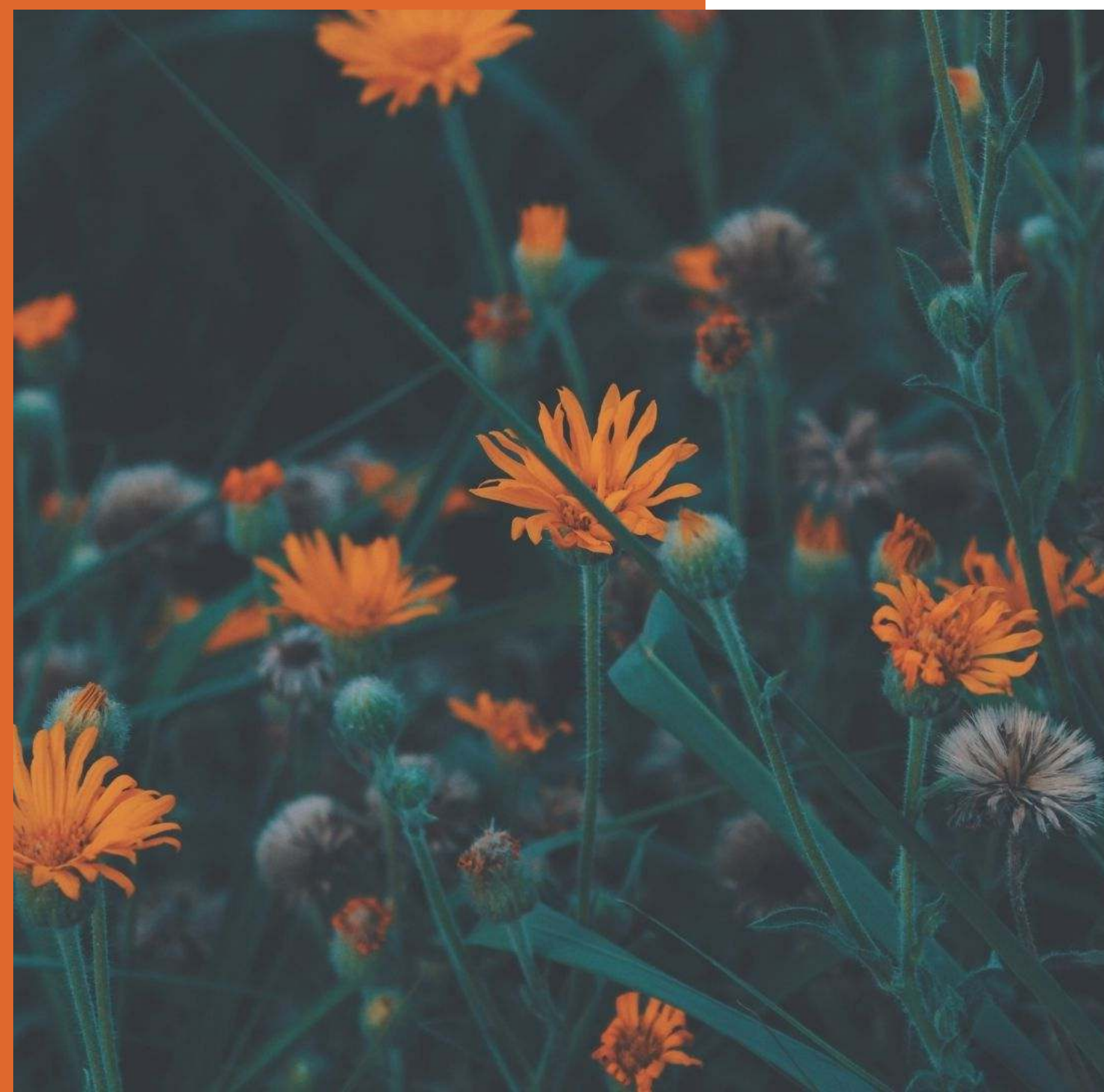
“Communication happens when,
besides the message, a soul
supplement passes”.

Henri Bergson

BREAKING SILOS

EFFECTIVE COMMUNICATION

THE ART OF AUTHORITATIVENESS



COMMUNICATION

BREAKING SILOS

1. UNDERSTANDING SILOS MINDSET
2. INVOLVEMENT AND COLLABORATION
3. PSYCHOLOGICAL SAFETY
4. CONFLICT AS A RESOURCE
5. TRANSVERSAL INCLUSION
6. EFFECTIVE COMMUNICATION TOOLBOX

COMMUNICATION

EFFECTIVE COMMUNICATION

1. THE VALUE OF COMMUNICATION
2. THE STRUCTURES OF COMMUNICATION
3. THE INTERNAL DIALOGUE
4. EXPRESSION AND TRANSMISSION
5. VIRTUAL COMMUNICATION
6. EFFECTIVE COMMUNICATION TOOLBOX



COMMUNICATION

THE ART OF AUTHORITATIVENESS

1. THE PILLARS OF AUTHORITATIVENESS
2. BEHAVIOURAL SCHEMES
3. SELF AWARENESS
4. CHARISMA
5. SELF ESTEEM
6. ASSERTIVENESS



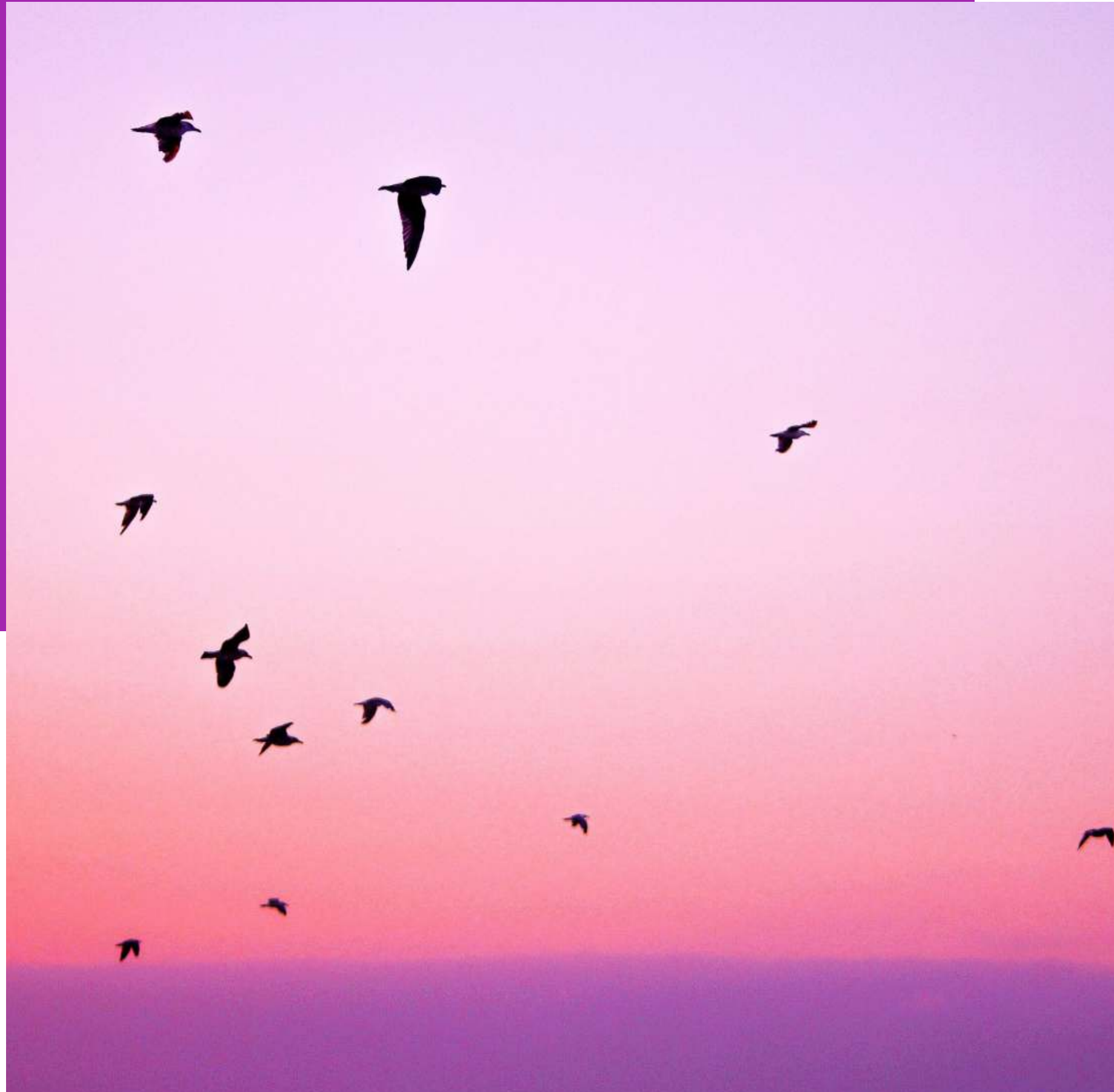
CHANGE

“Living is
changing,
this is the lesson taught
by the seasons”.
Paulo Coelho

THE ART OF INTEGRITY

PROFESSIONAL GROWTH

RESILIENCE AND CHANGE



CHANGE

THE ART OF INTEGRITY

1. DEFINITONS OF INTEGRITY
2. INTEGRITY AND LEADERSHIP
3. THOUGHT
4. WORD
5. ACTION
6. ALLIGNMENT



CHANGE

PROFESSIONAL GROWTH

1. SETTING UP OUR FUTURE
2. STRESS AND DEVELOPMENT
3. SELF-AWARENESS
4. LEARNING TO LEARN
5. SMART WORKING
6. SELF-MANAGEMENT



CHANGE

RESILIENCE AND CHANGE

1. THE MECHANISMS OF CHANGE
2. STRESS AND DEVELOPMENT
3. VOLUNTARY TRANSFORMATION
4. NEUROPLASTICITY
5. ENERGY MANAGEMENT
6. DEVELOPPING POWER

